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Advanced Dental Restorations

Restoring Smiles *Changing Lives*



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Feature



Advanced Dental Restorations Dr. Emily Chen



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Restoring Smiles, Changing Lives in Woodstock

Dr. Emily Chen is a prosthodontist whose credentials are impressive. She has earned numerous degrees at distinctive universities, and was chosen from more than 300 applicants to be a spokesperson for the American College of Prosthodontists. Dental professionals frequently consult with Dr. Chen, seeking her opinion and expertise in reconstruction, restoration, and replacement of worn or missing teeth.

While her qualifications are impeccable, what distinguishes her most is her concern for her patients, and her philosophy of getting them to become invested in their oral health. These qualities are best expressed through personal testimony, which demonstrates how a caring professional who pays meticulous attention to detail can make a difference.

"She is the greatest. She takes a lot of time with you, and she explains everything. I have been very satisfied. She is replacing my old caps with new ones, and leveling all my bottom teeth. My mouth was a wreck, but not anymore. I'll be going to her from now on. I just love her to death."

Patricia Martin

"Dr. Chen is very professional and, at the same time, very thorough. While she was replacing a cap that came off [the crown was completed by another office], she found a break in my teeth that she also will repair. She has a light hand and I didn't feel any pain. She explains many different options and advises you in making a decision." Dr. Medel Reyes

"After going to other prosthodontists, I decided to try Dr. Chen because she's in the area where I live. During my evaluation, I asked her a lot of questions and she didn't skip a beat. I asked to look at my X-rays, and she put them on a big monitor so I could see them. She went above and beyond and spent a lot of time with me. I was thoroughly impressed. The next morning, I was thinking about the details of my consultation, and I'm still smiling."

Karen Pequignot

"Dr. Chen is skilled, smart, and approachable, and she does whatever she needs to do to put her patients at ease," said Practice Coordinator Krissy Carter. "She is good at dealing with complex cases, and many patients have commented that they have never had an experience like the one they had with Dr. Chen."

Dr. Chen chose dentistry as her career because she was eager to make a positive impact in the lives of others. She was studying neurobiology and trying to decide what health field to enter when her dentist suggested she consider dentistry. He persuaded her to shadow him for a day; that day turned into months. When she saw



Dr. Emily Chen's education and experience:

- Bachelor's and Master's degrees in biology at Washington University in St. Louis.
- Bachelor of Science in dentistry, Doctorate of Dental Surgery degrees from the University of Illinois at Chicago's College of Dentistry.
- Certificate in Prosthodontics from the University of Illinois College of Dentistry's Department of Restorative Dentistry.
- Instructor in oral rehabilitation department at the Medical College of Georgia/Georgia Regents University. Promoted to assistant professor while maintaining a successful faculty practice.
- Worked as an associate in several dental practices before opening her own in May 2013.

how he was able to positively impact the lives of his patients, she applied to dental school. As a second year dental student, she was asked to consider prosthodontics, a specialty that requires an additional three years of post-graduate training. Once she saw the impact of restoring a smile in her patients, she did not hesitate to pursue prosthodontics.

Prosthodontics is one of the nine dental specialties recognized by the American Dental Association. After completing four years of dental school, prosthodontists receive three additional years of advanced training. In addition to her work reconstructing, restoring and replacing teeth, Dr. Chen also performs complex cosmetic procedures that allow patients to regain their confidence and their smile. While aesthetics are important, overall oral health and functionality are just as much a priority to a prosthodontist.

Calming Fears, Creating Trust

Patient comfort and a positive end result are the most important goals for Dr. Chen. She recognizes that patients who need restorative work often are anxious about treatment because it can be extensive. When designing her office, she paid extra attention to details that would put her patients at ease. A softly lit waiting room greets patients, who can enjoy sounds of water bubbling in a small fountain while relaxing on a large leather sofa. Patients typically don't have to wait because Dr. Chen's philosophy is "low volume, high quality," which means that she spends plenty of time with each patient

and never rushes through appointments.

Each operatory, or exam room, has a comfortable reclined chair and color-corrected lighting that mimics the outdoors. Additional natural light streams in through a wall of windows, making each room feel open and less claustrophobic.

"Our chairs are special ordered and designed with patient comfort in mind. A lot of my patients drive a significant distance to see me. Some even



Practice Coordinator Krissy Carter.

fly in, so [having] a comfortable treatment chair is essential," said Dr. Chen.

Patients can expect to spend at least an hour with the doctor on their initial visit. Dr. Chen gathers information about their dental and physical health because she believes the two are connected. "I perform a series of screenings that includes oral cancer, and examine each tooth individually. My exams are very in-depth, and I look at the whole person," she said.

Through extensive exams, Dr. Chen has discovered diabetes, hypertension and oral cancer in patients. Once a treatment plan is established, Dr. Chen carefully reviews it with the patient. "Establishing a relationship is important so the patients feel comfortable, adopt the plan to make their mouth better, and become part of the process," she said.

If a prosthetic is needed, patients can be confident that it will be customized in fit and appearance. The prosthetic is fitted



to the patient, not the other way around. Prosthetic teeth are custom colored to match surrounding teeth. Dr. Chen's inhouse lab often means less wait time for the patient.

Standard in-office sterilization procedures are verified by an off-site lab. Patients who are uncomfortable with the traditional bite-wing X-ray procedure will appreciate Dr. Chen's panoramic machine. Images are captured externally with no discomfort because the patients don't have to insert a bite-wing in their mouths. The equipment also is upgradable to a CT scan with 3D images to show bone tissue, blood vessels and nerves for more precise placement of implants – a technology typically only available in an oral surgeon's office.

The success stories that emerge from Dr. Chen's state-of-theart office reflect her ultimate goal of improving the lives of her patients, and making a life-changing difference. One young man in his twenties became a patient after visiting seven or eight other dentists. Another patient was able to give his daughter a wedding gift she'll never forget. "I had a patient who never smiled his entire life. The first set of family photos in which he smiled were taken at his daughter's wedding. That's just one example of how big of an impact we can have in the lives of our patients."

Dr. Chen accepts all major dental insurance plans, and Krissy files insurance claims for patients. Payment plans are available, as well as a third-party financing company, if needed. Dr. Chen is accepting new patients.

